

**MCDOT-COMMUTER SERVICES**

**LEARN TO RIDE**

# **ADULT BIKE CLASSES**



## **SKILLS TRAINING**

- Learn skills and gain confidence.
- Participants learn to start and stop, balance, glide, pedal and steer a bike and progress at their own pace.
- Experienced instructors to guide your progress and to have you riding in no time.
- \$10 for Montgomery County residents or FREE for WABA and Capital Bikeshare for All members

**MCDOT**  
Montgomery County Department of Transportation

**Better Ways To Work!**  
Montgomery County Commuter Services

## **INFO:**

### ► **SUNDAY, JULY 11**

10am-1pm  
Bethesda Rescue Squad  
Parking Lot  
5020 Battery Lane  
Bethesda, MD 20815

### ► **SATURDAY, JULY 24**

10am-1 pm  
Wheaton Ice Arena  
Parking Lot  
11717 Orebaugh Avenue  
Wheaton, MD 20902

For more information:  
<https://tinyurl.com/cycleclss>  
240-777-8380

**Class size is limited – Register Now! [www.waba.org/classes](http://www.waba.org/classes)**